XAVIER COLLEGE ONE IN CHRIST

# the Xavier News

Issue 11 Term 3, Week 2 Thursday 2 August 2018

A Catholic school in the Salesian tradition

a home

## From the Principal

*Mr Mark Flaherty, Acting Principal*

Welcome back to the start of Term 3. A special welcome to new students and their families.

Over the term students will be involved in the subject selection process for 2019. This is a very important time, in particular for senior students moving into Year 11 and 12. Third term is a chance for students to consolidate their learning and to prepare themselves for subjects next year. For students wishing to improve on their results in second semester, the following strategies might be helpful.

- Be positive
- Take responsibility for your own learning
- Set up a place to study
- Study for a set period, have a break and then resume study
- Minimise distractions whilst studying
- Revise over all classes that you had at school that day and make a list of clarifying questions for your teachers or peers
- Set achievable goals each night
- Get good quality sleep, eat healthy (which includes breakfast before you come to school), exercise regularly and participate in family activities.

I could go on, but will conclude by saying work ethic will, to a large extent, determine your academic success.

### Traffic / Road usage reminder

- Can I ask that all drivers please adhere to the "No Standing" traffic by-laws on Mallala Road.
- Students not cross Mallala Road to access the College. The exception is obviously community members that live opposite the College on Mallala road.
- Parents and students please adhere to speed restrictions around and within the College.
- A reminder that tailgating is not only dangerous but illegal. Please drive with respect for those on the road. I encourage all community members that witness such activities to ring the police and report them.
- Could students and parents please not enter the College via the front gate on foot. The front gate is for cars and buses only.
- Students walking home over the bridge toward the Redbank Road roundabout please take care and look in both directions if crossing the road.

### A reminder for students that when leaving the College on foot you have two gates to exit from

Mallala Road gate for students walking home via the bridge and the oval gate for students walking home or being picked up south of the College along main oval Kentish Road side.

### A reminder for parents that you have two pick up zones

Pick up through College front gates and pick up on Kentish Road, south of College along main oval.

## School Diary

House Cross Country
**Thursday, 2 August**

Don Bosco Youth Group
**Sunday 5 August, 5 - 7.30pm**

Year 10 & 11 Subject Selection Interviews
**Tuesday, 7 August - Thursday, 9 August**

House Cross Country Final
**Tuesday, 7 August**

Pupil Free Day
**Wednesday, 8 August**

Year 8-11 SPOT Interviews
**Wednesday, 8 August**

Year 11 & 12 Immunization
**Tuesday, 14 August**

College Board Meeting
**Tuesday, 14 August, 7.00pm**

Xavier Day
**Friday, 17 August**

Don Bosco Youth Group
**Sunday 19 August, 5 - 7.30pm**

Barolo Appeal Begins
**Monday, 20 August**

St Mark's Sporting Exchange
**Wednesday, 22 August**

Year 8-12 Parent/Teacher/ Student Interviews
**Wednesday, 29 August**

Staff Formation Day
**Monday, 3 September**

Barolo Appeal Ends
**Friday, 7 September**

Don Bosco Youth Group
**Sunday 9 September, 5 - 7.30pm**

College Board Meeting
**Tuesday, 18 September, 7.00pm**

Knights of the Southern Cross
**Friday, 21 September**

Don Bosco Youth Group
**Sunday 23 September, 5 - 7.30pm**

a parish

# The bread of life

*When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side they said to him, 'Rabbi, when did you come here?'*

*Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'*

*Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'*

*Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'*

*'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'* (John 6:24-35)

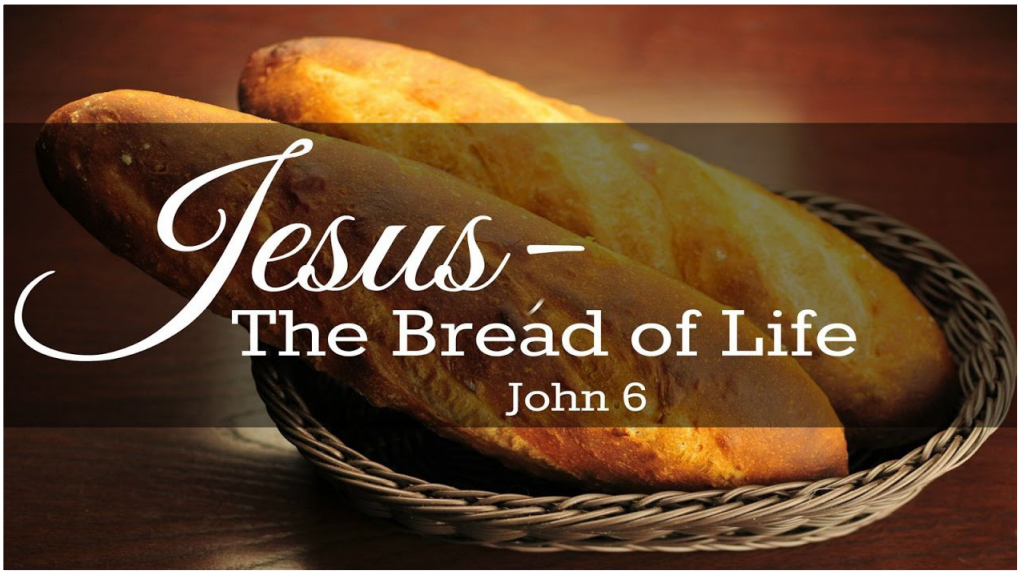
## Reflection

The people ask Jesus for a sign, like the mannabread that Moses and their ancestors received in the desert. Jesus tells the crowd that he himself is the 'bread of life'.

How strong is your faith? Do you feel connected to Jesus and believe he is present to you? Or do you wish you could have more miraculous signs – perhaps like bread falling to you from the sky?

Jesus recognises that the people are more concerned with perishable food to fill their stomachs. He urges them to be concerned with the food that will not perish, with food that is eternal and that feeds the soul, not just the body.

No one will deny that food for the body is necessary. But most of us never think about eternal food for the soul. What feeds our souls? What feeds yours? What helps your faith? What or who gives life to your relationship with Jesus? What or who helps you believe? How are you a person who brings 'food for the soul' to others?




Teenagers seem to be preoccupied with the latest fashion statement, the kinds of pants and shirts that are in style, the music that is currently topping the charts, and even the words and phrases that are popular in teen language. These are all fads that come and go, certainly like the 'perishable food' Jesus talks about. What would Jesus say about teenagers and their love for these things? What do you think about them?

***© Lisa-Marie Calderone-Steward, St. Mary's Press***

# Year 12 Retreat

BRKLYN

MAIN
SENIORS

a school

# Fighting the Kaiser

"Fighting the Kaiser" was a one man show presented by Brett Hunt, recently performed for the Year 9 students at Xavier.

It is the story of a war veteran telling his memories to a visiting audience. Brett Hunt delightfully presented his play with comedy, tragedy and shocking realism which connected with the crowd.

The part of Jack was played brilliantly; turning from laughing into coughing fits and becoming wistful about his own personal story about him and his deceased friend, Tippin'. Tippin' was included in Jack's conversation bringing this character to life for the audience.

Brett thoroughly engaged the audience by yelling at someone to "jump like a kangaroo" and by asking for rum.

All of Year 9 cohort enjoyed the performance "Fighting the Kaiser" very much because it was so entertaining and because it connected us with the characters' experiences.

*Luca Harper, Year 9 student*

# Year 12 Psychology

Year 12 Psychology students have been learning about the topic of Personality as part of their Stage 2 studies.

Personality is predominantly concerned with how and why people differ, and students have been learning about what personality is, the different personality theories, and how we measure personality traits.

As part of the topic, students took part in an 'Introversion vs. Extroversion' experiment, allowing them to use physiological measures to identify their level of introversion and rank themselves against others in the class for this particular personality trait.

Theory suggests that introverts produce more saliva, and so as part of the practical students had to bite into a slice of lemon for 10 seconds and then lick a 2m long piece of butcher's paper from the top until their saliva dried up. The distance from the start of the saliva to the end was measured; the longer the distance, the more introverted the student was.

Students had a great laugh while learning about their personality traits.

*Ms Lisa Bowman*
*Psychology teacher*

# Year 11 Legal Studies Excursion to Parliament House

In an endeavour to increase the awareness of Constitution Day, Mr Tony Piccolo MP, Member for Light, held a special seminar at Parliament House on Friday, July 6 for a group of Year 11 legal studies students from Xavier and Gawler and District Colleges.

On the 9th of July in 1900, Queen Victoria gave royal assent to the Commonwealth of Australia Constitution Act, that was passed by the British Parliament, thereby signifying the creation of the nation of Australia. Tony Piccolo was kind enough to give the participating students an informing and personal tour of Parliament House in Adelaide, celebrating 118 years of the nation of Australia.

The architecture of Parliament House is breathtaking and symbolic, and the art is astounding. Towards the end of our excursion, we had three guest speakers: Associate Professor Haydon Manning, School of Politics from Flinders University, The Honourable Chris Kourakis, Chief Justice of the South Australian Supreme Court, and The Honourable Michael Atkinson, Former speaker and Attorney-General. The guest speakers spoke of many different things, but the passion with which they spoke was quite engaging and entertaining.

The overall experience of the Year 11's excursion to Parliament House was amazing for each person that attended, and the best way to end the second term.

***Leonie Samsonenko, Year 11***

For our excursion, as part of our involvement in the Legal Studies subject in Semester 1, we were given the opportunity to visit Parliament House, a symbol of law, democracy, and discussion. At Parliament House, a tour was given by Tony Piccolo, an MP.

He directed us towards the chambers in Parliament House; the House of Assembly chamber, and the House of the Legislative Council chamber.

Tony Piccolo himself happens to be a member of the House of Assembly, so it was quite an honour to be with him as he showed us the chambers. It was an informative excursion, and helped me get familiarized with Parliament House. This was especially helpful for me since I was a part of Youth Parliament this year, just a week after the excursion, where we had debates in the chambers. I quite enjoyed the House of Assembly chamber, as it was more expansive and has been so significant in the history of South Australian laws.

I hope to visit Parliament House in the future, and I am glad that this excursion has given me the chance to do so this year.

This excursion led to insight on Parliament House, and it was a very educational day.

***Theodore Kakamanoudis, Year 11***

# Student achievements

## Noah chosen to play for Adelaide United Reserves

Congratulations to Year 10 student, Noah Holmes (OMLE3) who is currently playing with NTC (National Training Centre) and has been chosen to play for the Adelaide United Reserves Team.

Noah has progressed through the FFSA Pathways for Boys commencing with Under 10/11 SAP Programme, Under 12/14 Skilleroos and then selected for the Nationals in Coffs Harbour both years. Noah has been playing for NTC for the past two years, and was selected for the NTC challenge last year in Canberra.

Noah was also invited to attend the Australia Camp held in Adelaide at the Parks earlier this year in preparation for final selections for the U17 World Cup Team to represent Australia.

Noah has worked tirelessly, training in the morning and evening for both teams. Noah is an amazing ambassador for young people and sport in Australia.

Congratulations Noah on your wonderful sporting achievements and gracious sporting attitude.

***Mr Michael Larner***

a playground

# Mt Buller Snow Trip 2018

The annual snow trip has almost become legendary at Xavier College and this year was no different. Forty students and seven staff headed off for the Victorian snow fields on the middle Saturday of the Term 2 school holidays expecting a great week of alpine adventure.

Outstanding snowfalls since the commencement of the season in June saw almost the entire resort open for budding and adventurous skiers and boarders to strut their newly developed skills.

Once again the speed with which our students developed their skills was amazing. We even saw some first time snow trippers tackling black runs on the first few days, but every student that attended was up and about by day 2, refining their skills and performing exceptionally well.

The weather decided that it did not want to cooperate fully and throughout the course of the week we were consistently greeted with days of either light winds accompanied with heavy cloud making visibility poor or sunny days with high winds. These windy days meant that many lifts were closed, reducing the terrain students could explore. This did not dampen spirits however and all those that ventured out had a great time.

Once again evening meals were littered with many stories of excitement, near misses or mishap. Students no doubt came away from the experience with many wonderful memories, which will hopefully inspire them again to head to the snow and do it all again.

***Mr Rob Polito***
***Assistant Principal, Pastoral Care***

## Student Reflections

*"To say the least, the 2018 snow trip was amazing, an experience I would highly recommend. You are unlikely to ever get the opportunity again to be in such a surreal surrounding with so many people you cherish."*

***Stella Fraser***

*"Snow trip has been a highlight of Year 12 so far, spending a week with amazing company. It allowed many of us the opportunity to see snow for the first time and create memories we will cherish forever."*

***Nikeisha Lange***

*"Snow trip was a once in a lifetime experience which I thoroughly enjoyed and will cherish for many years to come. It was a great time to spend with my best mates and a great way to form new bonds with the teachers who are all so caring, especially when it comes to injuries."*

***Tara Molo***

*"Snow trip was an incredible experience, spending the week with an amazing bunch of people and learning how to ski allowed me to strengthen the friendships I have already made and devlop a skill that I want to be able to use again. A week full of fun and laughter, I would recommend it to anyone considering it!"*

***Samara Heinicke***

# Pedal Prix, Victoria Park - Race 2

On Sunday 29 July, the three Xavier Pedal Prix teams competed in the second 6 hour race in Adelaide for 2018. Improved performance from weekly training and participating in two other races this year is evident from the results. This has helped prepare students for the year's final race, the 24 hour event held at Murray Bridge on the 22nd to 23rd of September 2018.

***Cerberus***, our senior team achieved 14th position in a field of 36, completing 157 laps, 5 more than their previous race on this track. Well done Mitchell Cassell, Harrison Nicholls, Tom Wynes, Luke Wynes, Riley Hart, Tyson Tipler and Isaak Eland.

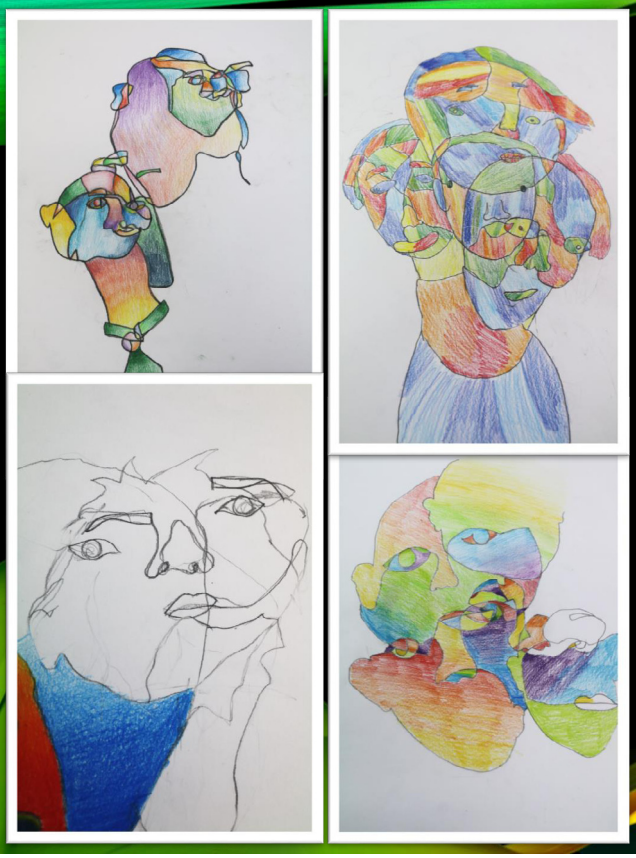
***GreenEdge*** was piloted by Tyson Brooks, Malakai Gaskin-Van Wieringen, Natalie Wik, Nicholas Waite, Rhys Nelson, Austin Strawbridge and Blair Launer. They earned 22nd position in the same field of 36, completing 128 laps. Unfortunately some really challenging mechanical issues kept this vehicle off the track for 15 minutes but our mechanics did a brilliant job to repair the vehicle and it completed the race. Importantly, despite the time spent in the pits, the team completed the same number of laps as was achieved in the previous race on this track. This demonstrates improved fitness and effort. Great effort team ***GreenEdge***!

***Veyron***, our sturdy entry level vehicle achieved 44th position in a field of 52 in their class. The team completed 99 laps but dealt with brake problems which slowed the vehicle. Again improved fitness is evident. In the previous race, 100 laps were completed, so to nearly equal this with sticking brakes is no small feat. Congratulations to Thomas Schrapel, Max Gray, Jack Orsler, Kyle Craddock, Patrick Costello, Brandon Main and Deklan Coppen.

We thank our families who supported the team with track marshalling, mechanical, food preparation and pit duties, tent erection and packing up at the end of the day. Racing would not be possible without this support.

We would also like to acknowledge our Gold sponsor Sims Metal and Silver sponsors Higgins Painting and Downer Group. The Xavier team could not participate without this financial support and we are extremely grateful for these contributions.

***Mr Rob Welsh***



# ARTS PRACTITIONER OF THE WEEK TERM 3 – WEEK 1

Year 8 Visual Arts

## Lili O'Connor, Costa Fusillo, Taia Berry & Madelyn Denton

Each week the Xavier Arts Faculty will be showcasing some of the amazing work from students across the curriculum area.

This weeks Artists were chosen for their dedication to improving their observational and creative drawing skills both in class and at home.

# ARTS PRACTITIONER OF THE WEEK TERM 3 – WEEK 2

Year 8 Visual Arts

## ELLA GOODSON
## KATE CAMPBELL

Each week the Xavier Arts Faculty will be showcasing some of the amazing work from students across the curriculum area.

This weeks Artists were chosen for their enthusiasm to improving their observational and creative drawing skills both in class and at home.

# Community Noticeboard

*Xavier College provides this information for families and asks that consideration be given to the usefulness and appropriateness of the information. Providing the information does not of itself infer any recommendation.*

## Don Bosco Youth Group

Involving fun, games, sport, prayer.
All secondary students welcome!

Term 3 dates:
**Sunday 5 August**
**Sunday 19 August**
**Sunday 9 September**
**Sunday 23 September**

from 5 to 7.30pm in the Xavier College Old Gym,
1 Kentish Road, Gawler Belt.

For more information contact: Fr Brian Ahern: 8523 0088
bahern@xavier.catholic.edu.au

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Keep up to date with the latest news from the Southern Cross online newspaper. Available at:
http://www.thesoutherncross.org.au/?iid=137686#folio=1

SA Dental Service

## Keep your kids smiling

Dental care is FREE for ALL babies, preschool and most children under 18 years at School Dental Service clinics.
The School Dental Service is a Child Dental Benefits Schedule provider.

**Call us now for an appointment!**

Your local clinic is: Evanston School Dental Clinic

Phone: 8522 3575

**www.sahealth.sa.gov.au/sadental**

# PARENTS in EDUCATION WEEK

## Free expert sessions for parents

Behaviours for learning and wellbeing: skills for life.
Learn how to help your child to develop behaviours to be their best.

## 28 to 30 August 2018

**Adelaide Entertainment Centre, Star Room**

**Get involved!** **In person** **View online**

**Join us at the live sessions, live stream the content or watch on-demand until November 30**

### Tuesday 28 August
7pm-8.45pm

**How to live positively in a digital world**

Balance screen-time with children's learning and development

**Linda Cranley**
University of Notre Dame

**Genevieve Johnson**
La Trobe University

### Wednesday 29 August
7pm-8.45pm

**Behaviours for learning and wellbeing**

How to set your child up for success

**Dr Justin Coulson**

### Thursday 30 August
7pm-8.45pm

**No more bullying**

Tips for identifying, defusing and preventing bullying

**Lesley Harrison**
eSafety Commissioner

**Brett Murray**
CEO of Make Bullying History Foundation

**Andrew Fuller**
Clinical Psychologist

Program details and registration **www.education.sa.gov.au/pieweek**

Government of South Australia
Department for Education

AISSA Association of Independent Schools of South Australia

catholic education south australia

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# St Brigid's Catholic School

# Presents

**Saturday 18th August ~ MacKillop Arts Theatre Para Road Evanston SA**

**Tickets $50 ~ includes sit down meal and 8 piece band**
**'CHESTERFIELD' Adelaide's premier cabaret and dance band**

**BYO drinks ~ Tables of 8/10**

**To reserve your table and purchase tickets please contact The School Office on 08 85222099**

***Bring an old school photo to share ~ Raffles and Silent Auction lots of great prizes!***

***Please note: This is an age18 and over event*** **~ Money raised to fund the school's 'Nature Play' building program**

**DID YOU KNOW?**

**As a not-for-profit organisation, the Gawler A, H & F Society Inc. returns over $30,000 every year back to the Gawler Community.**

If you would like to learn more about fundraising opportunities for your Service Group/Sporting Club/Community Organisation/ School/Not-for-profit Organisation then please contact the Show Office on 8523 1477 or secretary@gawlershow.org.au.

Opportunities include

- Rubbish Clean Up
- Bump In/Bump Out
- Car Parking
- Gates
- Community Trade Sites

Australian Government
Australian Digital Health Agency

My Health Record

phn COUNTRY SA
An Australian Government Initiative

# You're invited

## My Health Record
## Your Questions Answered

My Health Record helps you keep track of your health. It means your important health information like medical conditions, allergies, treatments, medicine details, shared health summaries, test or scan reports and immunisations will be available in one secure place.

**Come and listen to the people in the know and passionate about giving you the right information!!**

**Date:** Tuesday 14th August 2018

**Time:** Gawler Elderly Centre - 10:30am

**Venue:** Gawler Sport & Community Centre – 1:30pm, 3:00pm & 7:00pm

For more information go to:
**MyHealthRecord.gov.au | Help line 1800 723 471**

# Year 11 & 12 $99 e bird

## SACE & International Baccalaureate Spring Revision Program
**Mon 1 Oct - Fri 5 Oct and/or Mon 8 - Fri 12 Oct**

*"The most useful holiday program I have ever been to. There is no doubt these seminars helped my results improve by at least 15%." M. Dimauro*

*"Very useful seminars. I feel much more confident about my exams. These seminars help to structure and motivate students to do work during the holidays!" M. Fioretti*

*"Improved my confidence in all topics SIGNIFICANTLY." J. Bobolka*

*From $30 per day!.....Very Early Bird offer closing soon.....*

**Phone 82317776 or enrol online: www.aeg.sa.edu.au**
**Adelaide Education Consultants L30, 91 King William St Adelaide**

## My Health Record Information Sessions in your Community

**My Health Record is a secure online summary of your health information. You can choose to share your health information with doctors, hospitals and other healthcare providers.**

My Health Record helps you keep track of your health. It means your important health information like medical conditions, allergies, treatments, medicine details, shared health summaries, test or scan reports and immunisation details will be available in one secure place.

# KAPUNDA – 30/08/2018

### General Information

- What is the My Health Record
- What you need to know
- How to access your My Health Record
- How to Opt out

**VENUE:** Kapunda Soldiers Memorial Hall

**TIME:** 1:30pm

### Special Information session for Carers and their families

- General information
- How to register your carer relationship
- Relevance to My Aged Care and NDIS

**VENUE:** Kapunda Soldiers Memorial Hall

**TIME:** 10:30am

### Families and Sporting Communities

- General Information
- Linking your family
- Benefits for Children
- Options for Young People aged 14- 18
- Using Digital Health tools for Healthy Living

**VENUE:** Kapunda Soldiers Memorial Hall

**TIME:** 7:00pm

**More information can be found at:**
www.myhealthrecord.gov.au

Australian Government
Australian Digital Health Agency
My Health Record
phn COUNTRY SA
An Australian Government Initiative